

Yemista (Greek Stuffed Peppers)

Ingredients:

- 4 medium sized bell peppers (of different colors if possible)
- 1/3 cup olive oil
- 1 medium yellow onion
- 1 medium sized carrot
- 1 celery stalk
- 2 cloves of garlic
- 2 tablespoons chopped fresh flat leaf parsley
- 2 tablespoons chopped fresh dill
- Salt & pepper
- 2 tablespoons tomato paste
- 1/2 cup white rice (any medium grain rice)
- 1 cup water
- 3 tablespoons crumbled feta cheese
- 340 g veggie ground meat or 1/2 lbs ground beef
- 1 14 oz can of pureed tomatoes
- 3 small yellow or white potatoes

