



August 22, 2014



JOHN MINCHILLO, AP, FOR WESTIN HOTELS & RESORTS
A young chef gets help making crepes at July launch of Westin kids' menu.

Even the kids will want room service

Road food for kids is about more than pizza these days.

Hotels are offering healthy options concocted especially for junior travelers. Some examples:

▶ Westin Hotels and Resorts introduced "The Westin Eat Well Menu for Kids" with eight signature dishes. Consultants known as SuperChefs design such meals as a baby-spinach-and-cheese omelet and salmon Nicoise salad.

▶ InterContinental Hotels and Resorts is rolling out a new menu designed for kids by Michelin-starred chef Theo Randall and food expert Annabel Karmel. It comes to the Americas this fall.

▶ Omni Hotels and Resorts launched an Omni Kitchen Kids backpack to complement its Sensation Kids program, which offers healthy food. The pack is filled with nutrition-themed games.

Nancy Trejos