

SuperChefs Named Finalist for prestigious 2018 Partnership for a Healthier America, Catalyst for Change Awards

For Immediate Release May 7, 2018

Vancouver, B.C. – British Columbia-based non-profit organization SuperChefs Cookery for Kids has been named one of five finalists for the renowned 2018 Partnership for a Healthier America (PHA) Catalyst for Change, Impact Award.

SuperChefs is the only Canadian organization named as a finalist for their ground-breaking work to empower and inspire kids to make healthier choices, train prospective healthcare and culinary students to use fun food and cooking skills with kids, and to create and guide healthier kid-friendly menus for the Westin Hotels and Resorts chain in over 200 properties worldwide.

"Our partnership with Westin Hotels & Resorts, to create a new standard of delicious and nutritious menus for families while they are on the road, has been a global success," says SuperChefs founder Greg Chang. "We have provided a model for hotels around the world to bring kids into their kitchens, holding SuperChefs events to promote wellness and healthy choices in their communities."

Chang continued, "The support from Service Canada's Student Job program enables passionate student leaders to continue our work in Surrey, the largest school district in British Columbia and allows us to teach kids most in need-including at risk, First Nations and Special Needs youth- cooking, nutrition and physical activity through free summer camps. We are honoured to be a finalist for the Impact Award on our 10th year anniversary and to be part of the change in creating a healthier future for children across North America and the world."

The PHA Impact Award is presented to the group or individual that has created a measurable impact to help change and build a healthier future, specifically targeting childhood obesity. These groups have demonstrated significant changes and intentions to address the issue of childhood obesity, while collaborating with childhood organizations to generate better results. PHA was

created in conjunction with – but independent from – Former First Lady Michelle Obama's Let's Move! effort.

"The third annual Catalyst for Change Awards finalists are at the forefront [of] our nation's culture shift towards health and wellness," says PHA President & CEO Nancy E. Roman in a press release announcing the finalists. "Partnership for a Healthier America is extremely pleased to acknowledge the companies and organizations bringing us closer towards our goal of ensuring that all young people grow up free from obesity, diabetes, heart disease and other conditions associated with excess weight."

"SuperChefs has been providing a well-run, educational fun program for our atrisk students for several years; helping to improve the health of many children in many ways," says Surrey School District business development manager Liane Ricou. "It's great to see SuperChefs receiving recognition for the work it does."

"I am thrilled to congratulate SuperChefs on their nomination for the PHA Impact Award," says Former White House Pastry Chef William Yosses who is on the advisory board for SuperChefs. "Their innovative cooking classes inspire young minds to develop recipes, cook their favourite healthy dishes, and take agency over their own food choices, each child becoming the super hero in their own lives."

This is the 3rd year the award celebration has occurred and Former First Lady Michelle Obama continues to be Honorary Chair of the Partnership for a Healthier America. Finalists were announced during the 2018 Innovating a Healthier Future Summit on May 3 and winners will be announced at the PHA Fit to Celebrate Gala on September 27th, 2018.

About SuperChefs

SuperChefs is an entertainment lifestyle private company with a non-profit arm called Dr. Greg's SuperChefs Cookery for Kids whose mission is to help kids put on their best FACES: Food literate, Aware of their food systems, Competent in their food skills, Engaged in physical activity, and Savour balanced food choices. Created by dentist Dr. Greg Chang, SuperChefs achieves its goals by offering summer cooking and basketball camps to kids most in need, participates in community culinary events across North America, promotes oral and overall wellness within school districts, works with University of British Columbia health professional students to deliver public health outreach programs. SuperChefs also creates The Westin Eat Well Menu for Kids at Westin Hotels and Resorts available at their over 200 global locations, and together have successfully run Dr. Greg's SuperChefs Cookery programs in Westin Hotels and Resort kitchens in around the world. www.superchefs.org

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